

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30a RA Donuts/Coffee 10:00a Sit & Be Fit 11:00a Sculpt & Stretch
2	Friendship Day 3 8:30a Zumba 9:30a Walker's Club 2:30p Qigong/Tai Chi 6:00p RA BINGO	4 10:00a Banks/Pharm 10:15a Circuit Strength 11:00a Balance/Fitness 11:00a Wicked Botanist 12:00p Hymns/Piano 12:00p SPEAKER: 'Components of a Healthy Sandwich' 1:00p Chair Fitness	5 9:30a Walker's Club 11:30a ZUMBA 12:00p Gerritty's Farmers Market (formerly Valley) 1:00p Bible Study	6 11:00a Qigong/Tai Chi 12:00p The Narrow's 12:30p Second Harvest 2:00p Church (Spanish)	7 9:30a Walker's Club 10:00a Stitching w/ Nena 2:00p Snacks/IceCream	8 10:00a Sit & Be Fit 11:00a Sculpt & Stretch 11:00a Pickle Fest
Book Lover's Day 9	10 8:30a Zumba 9:30a Walker's Club 11:45a Open Swim NW 1:00p In-Person Movie 2:30p Qigong/Tai Chi 6:00p RA BINGO	11 10a/2p Giant 10:15a Circuit Strength 11:00a Balance/Fitness 12:00p SPEAKER: 'Health & Wellness' 1:00p Chair Fitness	12 9:30a Walker's Club 11:30a ZUMBA 1:00p Bible Study 3:30p LoRusso's Italian	13 11:00a Qigong/Tai Chi 12:00p Mobile Market 2:00p Church	14 9:30a Walker's Club 10:00a Stitching w/ Nena 11:45a CLINIC: OAA 2:00p Dominó Español 2:00p Snacks/IceCream	15 10:00a Sit & Be Fit 11:00a Sculpt & Stretch

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16	Senior Citizen Day 17 8:30a Zumba 9:30a Walker's Club 11:00a Oak St. BINGO 2:30p Qigong/Tai Chi 6:00p RA BINGO	18 10:00a The 3W Eatery 10:15a Circuit Strength 11:00a Painting w/a Twist 11:00a Balance/Fitness 12:00p Hymns/Piano 1:00p Chair Fitness	19 9:30a Walker's Club 11:30a ZUMBA 1:00p Bible Study	20 9:00a CLINIC: Eye 10a/2p Walmart 11:00a Qigong/Tai Chi 2:00p Church	21 9:30a Walker's Club 10:00a Blue Mt Ski Lift & Slopeside Grille 10:00a Stitching w/ Nena 1:00p Ken's Pizza Party 3:00p Chris Eckert, Vocals	22 10:00a Sit & Be Fit 11:00a Sculpt & Stretch
23	24 8:30a Zumba 9:30a Walker's Club 1:00p VOCERO: 'Salud y Bienestar' 2:30p Qigong/Tai Chi 6:00p RA BINGO	25 10a/2p Weis 10:15a Circuit Strength 11:00a Balance/Fitness 11:00a LM Car Wash 1:00p Chair Fitness 2:00p Church	26 9:30a Walker's Club 11:30a ZUMBA 1:00p Bible Study 5:00p Iron Pigs Game	27 11:00a Cozy Cafe 11:00a Cooking with Lyndi 11:00a Qigong/Tai Chi 2:00p Church	28 9:30a Walker's Club 10:00a Stitching w/ Nena 11:45a Open Swim NW 1:00p Película Española 2:00p Snacks/IceCream 2:00p Shredding & Clothing Drive	29 10:00a Sit & Be Fit 11:00a Sculpt & Stretch 4:00p RA Birthday Party
30	31 8:30a Zumba 9:30a Walker's Club 2:30p Qigong/Tai Chi 6:00p RA BINGO				STAFF BIRTHDAYS Mona F. - 8/24	